



BOTOX POST TREATMENT INSTRUCTIONS

Guidelines to follow post Botox treatment have been in place since 1996 and are still employed to prevent the possible side effects of Botox therapy. These measures should minimize complications, including ptosis (eyelid droop) and double vision by 98%.

- 1. No straining, heavy lifting or vigorous exercise for 4-5 hours following treatment.** We know it takes several hours for Botox to bind to the receptor site and we do not want to increase circulation to the area which can “wash away” the Botox from the area that was injected.
- 2. Avoid manipulation of the area for 4-5 hours following treatment** for the same reason as listed above.

What to Expect:

Botox can take 2 to 14 days to take full effect.

It is recommended that you contact the office no later than 2 weeks after treatment if desired effect was not achieved and not sooner than 2 weeks to allow the medication time to work.

Please do not hesitate to contact our office should you have any questions or concerns following your procedure. 919-948-6355